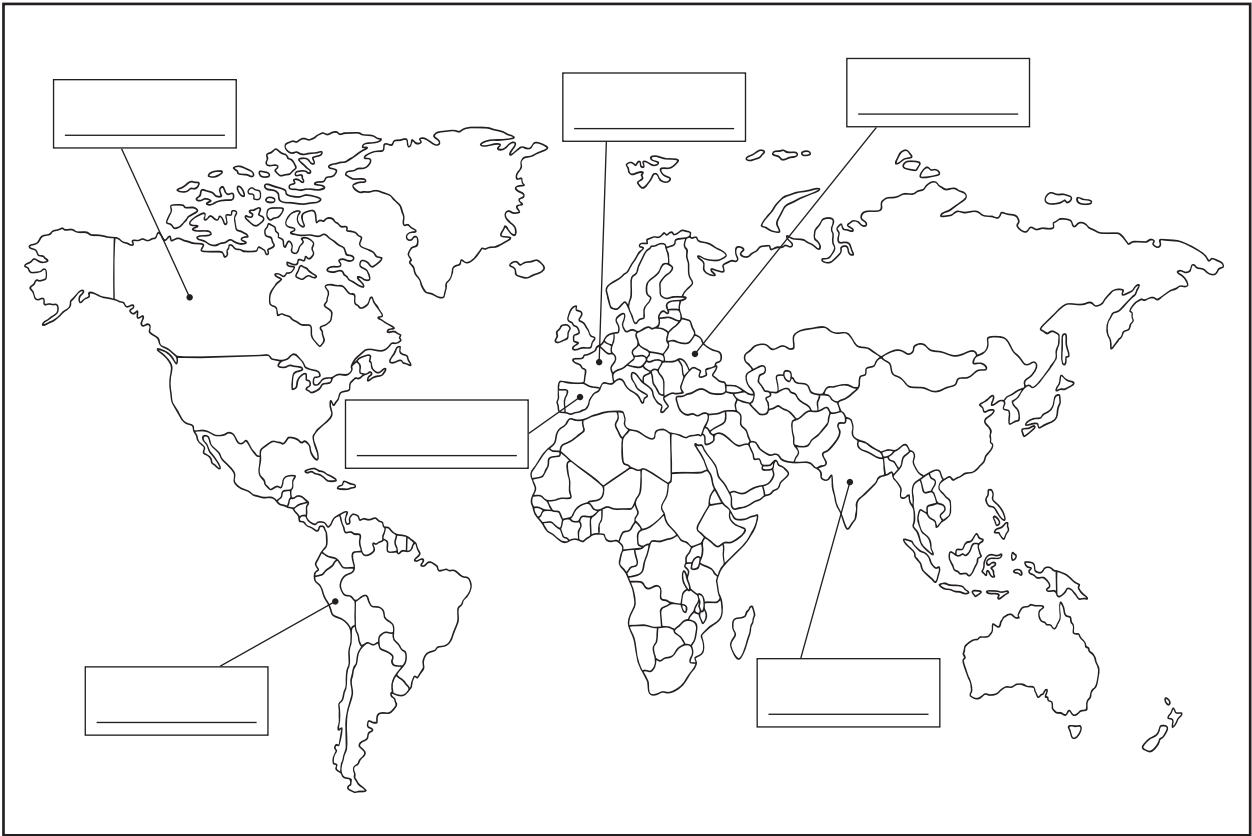


Before Reading

1. **Identify** the countries on the map.

Canada • France • India • Peru • Spain • Ukraine



2. **Match** the foods with the sections of a grocery store where you find them.

Foods		Section of a Grocery Store
1. cheese, milk, yogourt	_____	a. bakery
2. chicken, sausages, seafood	_____	b. condiments
3. flour, pasta, spices	_____	c. dairy and eggs
4. ketchup, sauces, syrup	_____	d. dry goods
5. onions, radishes, strawberries	_____	e. fruits and vegetables
6. bread, cake, croissants	_____	f. meat and fish

While Reading

3. **Find** the names of two ingredients in each dish. **Write** them in the correct sections of a grocery store.

Sections of a Grocery Store

Bakery	Condiments	Dairy and Eggs
_____	_____	_____
_____	_____	_____
_____	_____	_____
Dry Goods	Fruits and Vegetables	Meat and Fish
_____	_____	_____
_____	_____	_____
_____	_____	_____

After Reading

4. **List** the six dishes in the order you want to try them.

- a. _____ d. _____
- b. _____ e. _____
- c. _____ f. _____

5. **Add** one new ingredient to each dish. **Use** your imagination to personalize the dishes. **Write** complete sentences using *will* or *be going to*. **Use** page 57 of your workbook for help.

- a. To the paella, I will/am going to add _____.
- b. To the ceviche, _____.
- c. To the poutine, _____.
- d. To the gulab jamun, _____.
- e. To the borscht, _____.
- f. To the macarons, _____.

6. **Write** three dishes from other countries that are not in *The World on Your Plate*. What countries are they from?

- a. Dish: _____ Country: _____
- b. Dish: _____ Country: _____
- c. Dish: _____ Country: _____



Before Reading

1. What is the last food you ate? _____
2. **Scan** the five paragraphs on page 24.
- a. **Circle** the key words that support the main idea in each paragraph.
- b. **Write** the key words for each part of the digestive system.
1. mouth _____
2. esophagus _____
3. stomach _____
4. small intestine _____
5. large intestine _____

While Reading

3. **Fill in** the blanks with the words *chew*, *swallow* or *teeth*.
- a. When you _____, you crush food with your _____ to make it soft and easy to swallow.
- b. When you _____, your esophagus moves the food into your stomach.
- c. Your _____ work with saliva to break food down. Make sure to _____ well. Experts say to _____ each bite a minimum of 32 times before you _____!
4. **Fill in** the blanks. **Draw** a 😊 if the statement describes a positive effect on your body. **Draw** a ☹️ if it describes a negative effect.
- a. Your _____ will send happy signals to your brain when you eat hummus and vegetables. ☐
- b. You get energy from the _____ in hummus. ☐



- c. Your body will work extra hard to digest protein and _____ in a hamburger. ☐
- d. You might feel _____ while you digest a hamburger. ☐
- e. A sweet treat like an ice cream sundae gives you a quick _____. ☐
- f. The _____ that you get from sugar does not last. ☐

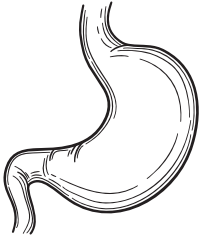
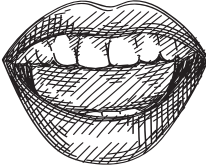
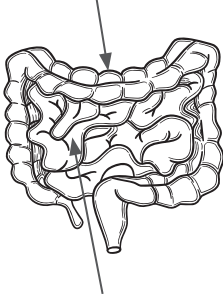

After Reading

5. **Choose** either hummus and vegetables, a hamburger or an ice cream sundae to be your next snack. Why did you choose this food? **Give** one reason from the text.
- _____
- _____

6. **Read** the sentences. **Check** *true* or *false*.

Sentence	True	False
a. The small intestine is wide.		
b. The large intestine is shorter than the small intestine.		
c. <i>Chyme</i> is the word for mush in the large intestine.		
d. The stomach needs up to one hour to digest a very large amount of food.		

7. **Identify** parts of the digestive system.

a. _____ 	b. _____ 	c. _____ 	e. _____ 
		d. _____	